

What Now? - audio description
(As described by Abi Palmer)

- 0:00:00** Two people breathing quietly and slowly, as if sleeping.
- 00:00:16** A slight scuffling, as if somebody has moved on the floor.
- 00:00:33** The sound of... the sound of the outdoors. A humming. Oh, how would you describe that? A loud humming background noise from the outdoors. Sounds, ambient noise of movement. Cars, traffic, a train and crunching, as if walking over pebbles.
- 00:00:56** An inhale. The humming ambient background noise disappears and is replaced by gentle breathing. Small shuffles as if somebody is moving underfoot. Brief, quiet clicks.
- 00:01:19** A medium-high feminine voice, begins counting in a low murmur:
One, two, three, four, five, six, seven, eight.
One, two, three, four, five, six, seven, eight.
One, two
- 00:01:45** [the feet on screen separate] A loud slapping sound, as they hit the floor.
... three, four, five, six, seven, eight.
One, two, three, four, five, six, seven, eight.
One, two, three, four,
one two, three, four,
one, two, three, four, five, six, seven, eight.
[Occasional breaths between... occasional breaths between...
what's the word? Occasional breaths between counts. The voice sounds fairly tired.]
- 00:02:15** A scuffle - feet rubbing over carpet. Friction noises as feet rub over carpet. A warm shuffling sound.
- 00:02:24** The close-up rustle of hands running over dry leaves. In the background, a ambient outside traffic.

- 00:02:31** The outdoor ambient noise increases. A builder hammering, far away. And a distant siren.
- 00:02:36** The siren stops abruptly. Outdoor ambience and shuffling in the background.
- 00:02:48** The same noise of feet, bare feet shuffling over carpet as **00:02:15**.
- 00:02:53** A foot rolls over a hairspray bottle. The sound of the hairspray bottle knocking and rolling on the floor, unpeeling from its contact with the foot. A small, loose, clicking roll, back and forth.
- 00:03:07** A whispered count begins again:
One, two, three, four.
One, two, three, four.
One, two, three, four.
[the voice becomes too exhausted to say the words properly]
[Mumbled] *One, two...*
- 00:03:36** Loud exhalation of extreme fatigue.
A breath in. The voice swallows. Silence.