**What Now? - audio description**

***(As described by Abi Palmer)***

**0:00:00**  Two people breathing quietly and slowly, as if sleeping.

**00:00:16** A slight scuffling, as if somebody has moved on the floor.

**00:00:33** The sound of… the sound of the outdoors. A humming. Oh, how would you

describe that? A loud humming background noise from the outdoors. Sounds,

ambient noise of movement. Cars, traffic, a train and crunching, as if walking

over pebbles.

**00:00:56** An inhale. The humming ambient background noise disappears and is

replaced by gentle breathing. Small shuffles as if somebody is moving

underfoot. Brief, quiet clicks.

**00:01:19** A medium-high feminine voice, begins counting in a low murmur:

*One, two, three, four, five, six, seven, eight.*

*One, two, three, four, five, six, seven, eight.*

*One, two*

**00:01:45** [the feet on screen separate] A loud slapping sound, as they hit the floor.

*… three, four, five, six, seven, eight.*

*One, two, three, four, five, six, seven, eight.*

*One, two, three, four,*

*one two, three, four,*

*one, two, three, four, five, six, seven, eight.*

[Occasional breaths between… occasional breaths between…

what’s the word? Occasional breaths between counts. The voice sounds fairly tired.]

**00:02:15** A scuffle - feet rubbing over carpet. Friction noises as feet rub over carpet. A

warm shuffling sound.

**00:02:24** The close-up rustle of hands running over dry leaves. In the background, a

ambient outside traffic.

**00:02:31** The outdoor ambient noise increases. A builder hammering, far away. And a

distant siren.

**00:02:36** The siren stops abruptly. Outdoor ambience and shuffling in the background.

**00:02:48** The same noise of feet, bare feet shuffling over carpet as **00:02:15.**

**00:02:53**  A foot rolls over a hairspray bottle. The sound of the hairspray bottle knocking

and rolling on the floor, unpeeling from its contact with the foot. A small,

loose, clicking roll, back and forth.

**00:03:07** A whispered count begins again:

*One, two, three, four.*

*One, two, three, four.*

*One, two, three, four.*

[the voice becomes too exhausted to say the words properly]

[Mumbled] *One, two…*

**00:03:36** Loud exhalation of extreme fatigue.

A breath in. The voice swallows. Silence.